



Paper Crown

From "Hold Your Head High", Season 4, Episode 10



Supplies

- Construction or cardstock paper
- Markers
- Scissors
- Tape
- Decorations (i.e. stickers, washi tape, sequins etc...)

Steps

1. Draw a zig-zag down the center of your paper.
2. Cut your paper down the line.
3. Take the two pieces of paper and line up one side of the edges, making one very long piece of paper. Attach the two sides together using tape.
4. Decorate your crown.
5. Wrap the crown around your head to make a circle and attach the two sides together using tape.



Questions to Ask Your Child

- Have you ever been bullied or saw someone else being bullied? What happened? How did it make you feel?
- Why do you think people bully others?
- What are some ways that you can stand up to a bully?
- How can you be confident and hold your head up high around a bully?

